

Third B.Sc Nursing(Ayurveda) Degree Examinations, October 2014

Panchakarma – II

Time : 3 Hours

Total Marks:100

- Answer all questions

Essays:

(2x10=20)

1. Explain in detail about kayaseka(कायसेक).
2. Discuss in detail about the process and indications of takradhara(तक्रधार).

Short notes:

(10x5=50)

3. Jalouka paricharna(जलौक परिचरण)
4. Ingredients and methods of preparation of dhanyamla(धान्यम्ल)
5. Dhoomapana vidhi(धूमपान विधि)
6. Indications of shirovasti(शिरोवस्ति)
7. Paschat karma(पश्चात कर्म) of jaloukavacharana(जलौकावचरण)
8. Indications of prachana(प्रछान)
9. Indications of siravyadha(शिराव्यध)
10. Thala pothichil
11. Shashtika shali pinda sweda(षष्टिक शालि पिण्ड स्वेद)
12. Sagni sweda(साग्नि स्वेद)

Answer briefly:

(10x3=30)

13. Difference between pralepa(प्रलेप) and pradeha(प्रदेह)
14. Putapaka(पूटपाक)
15. Kativasti(कटिवस्ति)
16. Name the woods used for preparation of droni(द्रोणि)
17. Shirodhara yantra(शिरोधार यन्त्र)
18. Examples for drava sweda(द्रव स्वेद)
19. Time and duration for the application of lepa(लेप)
20. Udwartana(उद्वर्धन) and its types
21. Anjana(अञ्जन)
22. Indramada(इन्द्रमद)
